

Warning signs of type 1 diabetes

EXTREME THIRST

FREQUENT URINATION

FATIGUE AND WEAKNESS

BLURRY VISION

HEADACHES

WEIGHT LOSS

INCREASED APPETITE

FRUITY BREATH ODOR

RAPID DEEP BREATHING

ask for a simple
urine test or
finger prick!



MISTAKEN FOR

FLU

STREP THROAT

GROWTH SPURT