Warning signs of Type 1 diabetes

Excessive thirst
Frequent urination
Bedwetting or heavy nappy
Vision change + headaches
Rapid weight loss
Increased appetite
Irritability + mood changes
Fatigue + weakness
Stomach pain, nausea + vomiting
Fruity breath odour
Rapid, heavy breathing

Mistaken for
Upset stomach or virus
Strep throat
Growth spurt
Urinary tract infection

Ask your doctor if this could be type 1 diabetes

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