

warning signs of type 1 diabetes

EXCESSIVE THIRST

FREQUENT URINATION

BEDWETTING OR HEAVY DIAPER

VISION CHANGE + HEADACHES

RAPID WEIGHT LOSS

INCREASED APPETITE

IRRITABILITY + MOOD CHANGES

FATIGUE + WEAKNESS

STOMACH PAIN, NAUSEA + VOMITING

FRUITY BREATH ODOR

RAPID, HEAVY BREATHING

MISTAKEN FOR
STOMACH FLU OR VIRUS
STREP THROAT
GROWTH SPURT
URINARY TRACT INFECTION



ask your
physician if
this could
be type 1
diabetes

