

# warning signs of type 1 diabetes

EXCESSIVE THIRST

FREQUENT URINATION

BEDWETTING OR HEAVY NAPPY

VISION CHANGE + HEADACHES

RAPID WEIGHT LOSS

INCREASED APPETITE

IRRITABILITY + MOOD CHANGES

FATIGUE + WEAKNESS

STOMACH PAIN, NAUSEA + VOMITING

FRUITY BREATH ODOUR

RAPID, HEAVY BREATHING

MISTAKEN FOR

UPSET STOMACH OR VIRUS

STREP THROAT

GROWTH SPURT

URINARY TRACT INFECTION

