

Utah Chapter

OF THE AMERICAN ACADEMY OF PEDIATRICS

INCORPORATED IN UTAH

May, 2021

Dear UTAAP member:

The enclosed educational campaign brings an important opportunity to provide valuable information on type 1 diabetes (T1D)/diabetic ketoacidosis (DKA) to families in your practice. We hope you will use these materials throughout the year to help raise awareness for the community.

In partnership with family advocates and the nonprofit organization Beyond Type 1, the Utah Chapter is launching this statewide T1D/DKA awareness and education campaign for families through you – their trusted pediatric practice. By providing information about the warning signs of type 1 diabetes for parents/caregivers and, in the process, reminding all of us in practice to take the extra step when assessing patients, we aim to reduce the incidence of new-onset DKA and save lives.

The incidence of type 1 diabetes in youth is increasing, as evidenced by a Diabetes Care journal article (Lipman et al., 2013)¹ citing a 20-year retrospective review of the Philadelphia Pediatric Diabetes Registry. An estimated 36% of American children diagnosed with type 1 are in DKA at diagnosis often due to delayed diagnosis. The rate of DKA varies in countries around the globe, from 15% to 70%, with higher rates in developing countries. (Razavi, 2010)² DKA is the leading cause of mortality in children with type 1 diabetes (Jeha, Haymond, 2014)³, and can contribute to additional long-term complications. Long-term complications also present a significant economic burden. While a type 1 diagnosis means life-long dependence on insulin, constant monitoring and an increased risk of long-term complications, life with T1D can be endured; people with T1D do thrive and live beyond their diagnosis. Early diagnosis is key. Educating your community about the warning signs may well save lives.

1 <https://www.ncbi.nlm.nih.gov/pubmed/23340888>

2 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3215499/>

3 <http://www.uptodate.com/contents/treatment-and-complications-of-diabetic-ketoacidosis-in-children>

Included in this package are educational posters and patient handouts for your waiting room. In addition, a digital portal at <https://beyonddiabetes.org/utah> is available where you will find digital versions of warning signs posters in a variety of languages, as well as multimedia materials for your practice to use, such as an audio recording from actor Victor Garber to play on your office telephone system when patients are on hold.

Thank you in advance for helping us make this educational campaign successful. Please help us evaluate the use of these materials by taking a moment to respond via the postcard enclosed.

Sincerely,



Jennifer Brinton, MD, FAAP
Chapter President
American Academy of Pediatrics, Utah Chapter

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Parent Advocates:



Stefanie Glass
Utah Family Advocate



Tanya Westmoreland
Utah Family Advocate

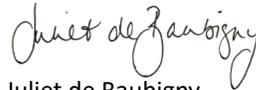


Michelle Berman
National Family Advocate

On Behalf of Beyond Type 1:



Thom Scher
CEO, Beyond Type 1



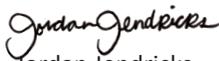
Juliet de Baubigny
Co-Founder, Beyond Type 1



Nick Jonas
Co-Founder, Beyond Type 1



Victor Garber
Leadership Council, Beyond Type 1



Jordan Jendricks
Director of Programs, Beyond Type 1



Mila Ferrer
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